

Tuesday, February 9

8:30 - 9:00

Registration

I. Strategies & Solutions to improve youth mental health

Chairs: Kendall Ho & Cheryl Washburn

9:00 - 9:15

Opening & First Nations Welcome

Michael Krausz (Vancouver, Canada)

9:15 - 9:45

The McGill Platform

Nancy Low (Montreal, Canada)

9:45 - 10:30

WalkAlong UBC: an integrated system for student mental health

Michael Krausz (Vancouver, Canada)

10:30 - 10:45 Break & Discussion (15 min)

10:45 - 11:30

Raising e-Health literacy in middle school: the "Learning 4 Life" project

Kendall Ho (Vancouver, Canada)

11:30 - 12:00

Decisions and Decision Makers - the intersection of politics and healthcare innovation in BC

Matthew Chow (Vancouver, Canada)

12:00 - 12:30

Building an engaged online community

Lauren Bersaglio (Vancouver, Canada)

12:30 - 13:30 Lunch (1 hour)

II. International Models of youth e-Mental Health

Chairs: John Cunningham & Steve Mathias

13:30 - 14:15

Internet interventions for hazardous drinking college students

John Cunningham (Canberra, Australia)

14:15 - 14:45

TBD

Charlotte Wittekind (Hamburg, Germany) [via Skype](#)

14:45 - 15:00 Break & Discussion (15 min)

15:00 - 15:30

TBD

Gerhard Andersson (Linköping, Sweden) [via Skype](#)

15:30 - 16:00

International Trends in Web-based youth mental health

Alireza Kazemi (Vancouver, Canada)

16:00 - 16:30

First day thoughts and Hackathon

Michael Krausz (Vancouver, Canada)

Wednesday, February 10

III. A range of tools for a range of needs – new technologies to support EMH

Chairs: Damon Ramsey & Patricia Mirwaldt

9:00 - 9:45

SPARX - Games and Virtual Reality in the treatment of depression

Sally Merry (Auckland, New Zealand)

9:45 - 10:30

Internet & smartphone interventions for youth with Internet and Gaming addiction

Melvyn Zhang Weibin (Singapore)

10:30 - 10:45 Break & Discussion (15 min)

10:45 - 11:30

From EMR to collaborative records - owning your own health

Damon Ramsey (Vancouver, Canada)

11:30 - 12:00

Mobile Apps in Youth Mental Health

Rachel Kenny (Dublin, Ireland) [via Skype](#)

12:00 - 12:30

MindHealthBC and Bounce Back Online: Leveraging technology to improve access to services for anxiety and depression

Lakshmi Yatham (Vancouver, Canada)

12:30 - 13:30 Lunch (1 hour)

IV. e-Mental Health Services for youth, opportunities & challenges

Chairs: Michael Krausz & Sally Merry

13:30 - 14:00

Youthspace.ca Chat: emotional support and suicide intervention online

Maureen Elworthy (Victoria, Canada)

14:00 - 14:30

The 'B' in Blog stands for Beauty: Narratives of Mental Health

Natasha Kolida (Vancouver, Canada)

14:30 - 15:00

MIND Speaks Up - An Online Video Platform for Mental Health

Meghan Smith (Vancouver, Canada)

15:00 - 15:15 Break & Discussion (15 min)

15:15 - 15:45

Northern Connections: 5 years of providing mental health services to children & adolescents in Northern Manitoba via Telehealth

Mark Koltek (Manitoba, Canada)

15:45 - 16:15

Effective self-help

Thomas Berger (Bern, Switzerland) [via Skype](#)

Conclusions, take-home messages and next steps

Michael Krausz (Vancouver, Canada)

End of the Conference – Thank you for participating!